



# **PHYSIOLOGIC INSTRUMENTATION IN THE NAVAL AIR WARFARE CENTER HUMAN-USE CENTRIFUGE TO DETERMINE THE EFFECTS OF CUMULATIVE +Gz ON COGNITIVE PERFORMANCE**

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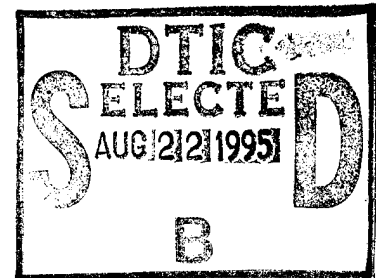
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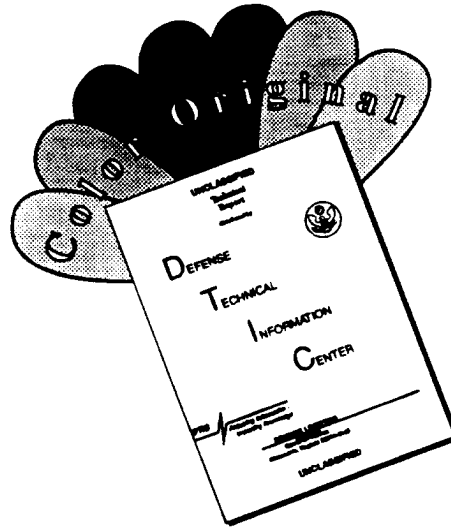
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## ABSTRACT

A study to determine the effect of intermittent periods of positive acceleration (+Gz) on human physiology and cognitive performance was accomplished at the Naval Air Warfare Center (NAWC) human-use centrifuge. This report discusses the materials and methods utilized to obtain various physiologic measures during this study: electroencephalogram (EEG); electrooculogram (EOG); electromyogram (EMG); infrared plethysmography (IRP); electrocardiogram (ECG); and respiration rate (RM). The methods discussed herein are specific to the NAWC centrifuge and may serve as a guide for future research.

## I. INTRODUCTION

The tactical aviator is typically exposed to a highly demanding environment in terms of both workload and physiologic stressors. Two notable stressors found in the tactical aviation cockpit are decision making tasks as well as intermittent periods of high +Gz. Mental tasks are performed at a physiological cost to the operator (9). Also, physiological activity varies with tasks demands and there are physiological activity individual differences. Hence, human performance studies, by necessity, need to address the psychophysiology of the subject under study. A study addressing these issues was accomplished at the Naval Air Warfare Center human-use centrifuge (Figure 1) under the title *Cumulative Effects of G on Cognitive Performance* (6,11). The performance task presented during the study was a variant of the NASA Multi-Attribute-Task (MAT) battery (3,10). The tasks employed included: 1) resource management; 2) compensatory tracking; and 3) system monitoring. The study encompassed several physiologic measures: electroencephalogram (EEG); electrooculogram (EOG); electromyogram (EMG); infrared plethysmography (IRP); electrocardiogram (ECG); and respiration rate (RM). This report describes the materials and methods utilized to obtain these measures (Figure 24).

## II. METHOD

Description of the physiologic measures is presented in the following manner:

Background	How the measure is generally used
Purpose	Physiologic site specifically monitored for the study described above
Materials	Materials required to obtain the measure
Sensor preparation	Material preparation for use
Sensor connection	Procedures to obtain the measure
Sensor removal and storage	Procedures for removal and storage of the sensors

## III. ELECTROENCEPHALOGRAM (EEG)

### Background

There is continued oscillating electrical activity in the brain. The activity is characterized by electrical potential differences in one part of the brain cell (neuron) relative to another; where the current flow between active groups of neurons produces a wave-like response (brain waves) which may be recorded from surface electrodes on the scalp. The record of this electrical activity is called the electroencephalogram or EEG. EEG evaluation includes measures of frequency, amplitude, and coherence. The character of the EEG depends on the level of excitation of the various brain structures (14). Distinct brain wave patterns recorded in the EEG may be identified and associated with mood states, tumor location, sleep stages, and attention / performance levels (1-2,4,9,13,15-17).

The International Federation of EEG Societies has adopted a 10-20 electrode system to standardize the placement of EEG electrodes. Three types of electrode connections are used: a) between each of a pair; b) between a monopolar lead and a distant reference electrode; and c) between a monopolar lead and the average of all (14). The following describes EEG instrumentation in the NAWC centrifuge based on this system (5,8,12,) as it applies to the study mentioned above.

Purpose

To record brain electrical activity via four EEG electrodes: Fz (frontal), Cz (central), Pz (parietal), and Oz (occipital).

Materials

Six 16 mm Ag/AgCl biopotential skin electrodes<sup>1</sup>  
 Electrode conducting gel<sup>2</sup>  
 Monoject<sup>®</sup> syringe<sup>6</sup> with blunted needle, 12 cc  
 Omniprep<sup>3</sup> abrasive gel  
 Acetone<sup>4</sup>  
 0.9% saline solution<sup>5</sup>  
 Tape measure  
 Felt tip marker  
 Hair comb  
 Hair clips  
 2 x 2 gauze pads<sup>6</sup>  
 2 x 2 alcohol pads<sup>6</sup>  
 Portable fan  
 Collodion<sup>4</sup> (non flexible)  
 Impedance meter  
 Biopotential amplifier<sup>7</sup> in the centrifuge gondola (Figure 2), Hi/Lo pass filter (.1-150 Hz), 5 to 300  $\mu$ V  
 Biopotential dc amplifier<sup>8</sup> in the centrifuge flight deck (Figure 3)  
 Amplifier harness (cable connector)  
 Ground cable  
 Strip chart recorder<sup>8</sup>  
 Labels  
 Tape

Electrode site location

1. Part the subject's hair along the midline of the head using hair clips (to keep the midline exposed).
2. Measure the distance from inion to nasion ( $D_{in}$ ).
3. Locate the halfway point of this distance (Cz). Mark the location with a felt tip marker.  
Example: if  $D_{in} = 40$  cm, Cz is at the 20 cm mark.
4. Locate the Fz point-20% away from Cz toward the *front* of the head. Mark the location with a felt tip marker. Example: if  $D_{in} = 40$  cm, Fz is 8 cm away from Cz, toward the front of the head.
5. Locate the Pz point-20% away from Cz toward the *back* of the head. Mark the location with a felt tip marker. Example: if  $D_{in} = 40$  cm, Pz is 8 cm away from Cz, toward the back of the head.
6. Locate the Oz point-40% away from Cz (20% from Pz) toward the *back* of the head. Mark the location with a felt tip marker. Example: if  $D_{in} = 40$  cm, Oz is 16 cm away from Cz (8 cm away from Pz) toward the back of the head.
7. Locate the ground (G) electrode point in the forehead. Mark the location with a felt tip marker.
8. Locate the reference (R) electrode point in the mastoid process behind either ear. Mark the location with a felt tip marker.

Skin preparation

1. Apply Omniprep abrasive gel to a gauze pad and rub into the scalp electrode points identified above. Apply the gel in a circular motion with enough force to remove the top layers of skin. The area should not be larger than the sensor area of the EEG electrode (Figure 4).
2. Remove any excess gel off the site with a gauze pad.

3. Wipe the site with an alcohol pad.
4. Allow the site to dry before cementing the electrode to the site (use a portable fan if necessary).

#### Electrode placement

1. Using a 1 cc syringe, apply Collodion to the rim of the EEG electrode. Note: for the study mentioned above, three holes were drilled into the electrodes' rims with a 1mm bit (Figure 5).
2. Press the electrode to the prepared scalp and hold it in position.
3. Apply additional Collodion around the rim of the electrode if necessary (be careful not to obstruct the perforations in the electrode).
4. Fan the area dry while holding the electrode in place until the Collodion bond is secure.
5. Direct electrode conducting gel into each perforation of the electrode until it oozes out of the opposite perforations (Figure 6).

#### Electrode impedance check

1. Label each EEG electrode lead: Pz, Oz, Cz, Fz, G, and R.
2. Check each electrode impedance against the ground electrode with an impedance meter. Impedance values should be *below* 5000 ohms.

#### EEG harness connection in the laboratory

1. Label both ends of the EEG harness as Pz, Oz, Cz, and Fz.
2. Connect each EEG electrode lead proceeding from the subject to the EEG harness in accordance to the labels as shown in Figure 7.
3. Connect the ground EEG electrode lead proceeding from the subject to the ground cable in accordance to Figure 7.
4. Connect the ground cable to the EEG harness in accordance to Figure 7.
5. The reference EEG electrode is connected via the electromyogram harness (see below).

#### EEG harness connection in the centrifuge

1. Label the centrifuge's EEG amplifier connection sites as Fz, Oz, Cz, and Pz.
2. Insert the subject in the centrifuge.
3. Connect the EEG harness proceeding from the subject to the respective amplifier's sites (Figure 8).
4. Secure the harness with tape.
5. The signals for Oz, Fz, Pz, and Cz via a strip chart recorder appear as shown in Figure 9.

#### Electrode removal

1. Soak a piece of gauze in acetone and rub it around the rim of the electrode on the scalp. Continue in this fashion until the Collodion dissolves and the electrode pulls free.
2. Clean the area with a gauze pad which has been immersed in a mild solution of soap and water.
3. Clean the Collodion and gel off the electrodes (including the perforations) with acetone.
4. Soak the electrodes in saline solution.

## IV. ELECTROOCULOGRAM (EOG)

### Background

Two eye structures are considered when evaluating eye movement: the cornea (light transmitting) and the retina (sensory). Changes in the electric dipole between these two structures may be measured from surface electrodes. For example, the electrical output is zero when the gaze is straight ahead (the dipole is symmetrically located between the two electrodes). The record of this electrical activity is called the electrooculogram (EOG). EOG evaluation includes frequency and amplitude changes. However, large eye movements ( $>30^\circ$ ) do not always produce amplitudes proportional to eye position (14). Distinct eye movements recorded in the EOG may be identified and associated with sleep stages, reading ability, emotion, workload, and fatigue (2,4,9-10,13,15-17). Typically, eye movements are recorded to aid in the identification of artifacts in the EEG record (to remove corrupted portions of the EEG record). The following describes EOG instrumentation in the NAWC centrifuge based on the study mentioned above.

### Purpose

To record eye movement via four EOG electrodes: Vu / Vd for vertical eye movement (up and down) and Hl / Hr for horizontal eye movement (left and right).

### Materials

Four 11 mm Ag/AgCl biopotential skin electrodes<sup>1</sup>  
 Electrode conducting gel<sup>2</sup>  
 Monoject<sup>®</sup> syringe<sup>6</sup>, 1cc  
 Omniprep<sup>3</sup> abrasive gel  
 0.9% saline solution<sup>5</sup>  
 SensorMedics EOG adhesive collars<sup>1</sup>  
 2 x 2 alcohol pads<sup>6</sup>  
 2x2 gauze pads<sup>6</sup>  
 Cotton tipped applicators<sup>9</sup>  
 Impedance meter  
 Felt tip marker  
 Biopotential amplifier<sup>7</sup> in the centrifuge gondola (dc-50 Hz range, 50 to 3500  $\mu$ V)  
 Amplifier harness  
 Biopotential dc amplifier<sup>8</sup> in the centrifuge flight deck  
 Strip chart recorder<sup>8</sup>  
 Labels  
 Tape

### Electrode site location

1. Locate the Hl and Hr areas in the temporal sides of the subject's right and left eyes. These areas are parallel with the pupil (as the subject looks straight ahead). Mark the locations with a felt tip marker.
2. Locate the Vu and Vd areas above and below the right (or left) eye. These areas are in line with the pupil (as the subject looks straight ahead). Mark the locations with a felt tip marker.

### Skin preparation

1. Apply Omniprep abrasive gel to a cotton tipped applicator and rub the gel into the electrode site in a circular fashion. The area should not be larger than the sensor area of the electrode.

2. Remove any excess gel off the site with a gauze pad.
3. Wipe the area with an alcohol pad.
4. Dry the area with a gauze pad.

#### Electrode placement

1. Place an adhesive EOG collar around the EOG electrode.
2. Fill the center of the EOG electrode with conducting gel.
3. Apply the prepared electrode to the skin electrode sites as shown in Figure 10.

#### Electrode impedance check

1. Label each EOG electrode lead: Vu, Vd, Hl, and Hr.
2. Check each electrode impedance against the ground EEG electrode with an impedance meter. Impedance values should be below 7000 ohms.

#### EOG harness connection in the laboratory

1. Label both ends of the EOG harness as V and H.
2. Connect each EOG electrode lead proceeding from the subject to the EOG harness in accordance to the labels as shown in Figures 11 and 12.

#### EOG harness connection in the centrifuge

1. Label the centrifuge's EOG amplifier connection sites as V and H.
2. Insert the subject in the centrifuge.
3. Connect the EOG harness proceeding from the subject to the respective amplifier's sites (Figure 13).
4. Secure the harness with tape.
5. The signals for EOG vertical and horizontal eye movement via a strip chart recorder appear as shown in Figure 9.

#### Electrode removal

1. Remove the electrode carefully.
2. Clean the area with a gauze pad which has been immersed in a mild solution of soap and water.
3. Remove the EOG adhesive collar from the electrode.
4. Clean the conducting gel off the electrode.
5. Soak the electrode in saline solution.

## **V. ELECTROMYOGRAM (EMG)**

#### Background

Skeletal muscle is organized on the basis of the muscle fiber. The components of the muscle fiber constitute a bioelectric source. Hence, muscle activity may be recorded via surface skin electrodes (14). EMG evaluation includes mean tension level, variance of the level, criterion levels, and pattern. Muscle movement recorded in the EMG may be identified and associated with motor performance, mood states, attention level, and sleep stages (1-2,4,9,13,15-17). Typically, muscle movement is recorded to aid in the identification of artifacts in the EEG record (to remove corrupted portions of the EEG record). The following describes EMG instrumentation in the NAWC centrifuge based on the study mentioned above.

### Purpose

To record muscle activity via six EMG electrodes: EMG1 (3 electrodes) and EMG2 (3 electrodes).

### Materials

Six EMG snap-on 3M™ red dot® electrode pads<sup>10</sup>

Six EMG 3M™ electrodes<sup>10</sup>

2 x 2 gauze pads<sup>6</sup>

2 x 2 alcohol pads<sup>6</sup>

Impedance meter

Biopotential amplifier<sup>7</sup> in the centrifuge gondola (dc-10000 Hz range, 100 $\mu$ V-90 mV)

Biopotential dc amplifier<sup>8</sup> in the centrifuge flight deck

Amplifier harness

Strip chart recorder<sup>8</sup>

Labels

Tape

### Electrode site location

On the arm, over the triceps muscle area and on the neck, over the sternocleidomastoid muscle area.

### Skin preparation

1. Clean the area vigorously with an alcohol pad.
2. Wipe the area with a gauze pad.
3. Allow the area to dry.

### Electrode placement

1. Place three electrode pads parallel to each other (Figure 14).
2. Snap the electrode leads onto the electrode pads above accordingly.

### Electrode impedance check

1. Label each set of three electrodes leads as positive (+), negative (-), and ground-G (center lead).
2. EMG electrode impedance values range from 200 to 5000 ohms. The signals may have a peak amplitude of .1 to 1 mV.

### EMG harness connection in the laboratory

1. Label both ends of the EMG harness as EMG1 and EMG2.
2. Connect the EMG leads proceeding from the subject to the EMG harness in accordance with the labels as shown in Figure 15.

*Note: The harness currently in use at NAWC provides for three EMG site connections (i.e., neck, arm, and thigh). However, most +Gz experiments at NAWC consider only two EMG areas for evaluation (neck and arm in the case above). Hence, the third EMG connector (i.e., EMG3) is used for EEG purposes. Specifically for the reference (R) electrode as shown in Figure 15 (EEG-R).*

### EMG harness connection in the centrifuge

1. Label the centrifuge's EMG amplifier connection sites as EMG1, EMG2, and EEG-R.
2. Insert the subject in the centrifuge.

3. Connect the EMG harness proceeding from the subject to the respective amplifier sites (Figure 18).
4. Secure the harness with tape.
5. EMG signals via a strip chart recorder appear as shown in Figures 21-23.

#### Electrode removal

1. Take the electrode lead off the pad.
2. Remove the electrode pad.
3. Clean the area with a gauze pad which has been immersed in a mild solution of soap and water.

## VI. ELECTROCARDIOGRAM (ECG)

#### Background

Heart function is dependent on a series of electrical events activating its musculature. Hence, heart tissue is electrically excitable and this activity may be measured by use of the electrocardiogram (ECG). Evaluation of the ECG includes frequency, amplitude, timing and morphology changes. The ECG may be used to identify mood states, attention / performance levels, and fatigue / stress levels (14). The Committee on Electrocardiography of the American Heart Association has standardized electrocardiography methods. The following describes ECG instrumentation in the NAWC centrifuge based on this system.

#### Purpose

To record cardiovascular activity via five ECG electrodes: ECG1 (3 electrodes) and ECG2 (2 electrodes).

#### Materials

ECG snap-on Red dot® electrode pad<sup>10</sup>  
 ECG electrode lead<sup>10</sup>  
 2 x 2 gauze pads<sup>6</sup>  
 2 x 2 alcohol pads<sup>6</sup>  
 Biopotential amplifier<sup>7</sup> in the centrifuge gondola (.021 - 250 Hz range, .5 to 4  $\mu$ V)  
 Biopotential dc amplifier<sup>8</sup> in the centrifuge flight deck  
 Amplifier harness  
 Strip chart recorder<sup>8</sup>  
 Labels  
 Tape  
 Cardiac Monitor<sup>11</sup>

#### Electrode site location

The configuration includes five electrode locations: two over the sternum (+, -), two biaxillary (+, -), and one over the rib cage area (ground, G) as shown in Figure 16.

#### Skin preparation

1. Clean the area vigorously with an alcohol pad.
2. Wipe the area with a gauze pad.
3. Allow the area to dry.



Electrode placement

1. Apply the electrode pads as shown in Figure 16.
2. Snap on the electrode leads onto the electrode pads above accordingly.

Electrode impedance check

1. Label each ECG electrode lead as positive (+), negative (-), and ground (G) as described above.
2. Connect the ECG electrode leads to the Cardiac Monitor; a distinct ECG wave pattern should be noted.

ECG harness connection in the laboratory

1. Label both ends of the ECG harness as ECG1 and ECG2.
2. Connect the ECG leads proceeding from the subject to the ECG harness in accordance with the labels as shown in Figure 17.

Electrode harness connection in the centrifuge

1. Label the centrifuge's ECG amplifier connection sites as ECG1 and ECG2.
2. Insert the subject in the centrifuge.
3. Connect the ECG harness proceeding from the subject to the respective amplifier sites (Figure 18).
4. Secure the harness with tape.

Electrode removal

1. Take the electrode lead off the pad.
2. Remove the electrode pad.
3. Clean the area with a gauze pad which has been immersed in a mild solution of soap and water.

**VII. INFRARED PLETHYSMOGRAPH (IRP)**Background

The IRP is a photosensitive probe usually placed on the ear lobe. The measure is qualitative in nature and is used as a monitor of blood velocity / perfusion. The sensor has been modified (see below) to meet the needs of +Gz physiologic research at the NAWC centrifuge.

Purpose

To record blood perfusion in the ear lobe.

Materials

IRP sensor<sup>8,12</sup>  
 Coban® wrap<sup>10</sup> or clip  
 IRP transducer<sup>8,12</sup>  
 Biopotential dc amplifier<sup>8</sup> in the centrifuge flight deck  
 Strip chart recorder<sup>8</sup>  
 Label

Sensor application

The sensor's window should face the ear lobe. Place the sensor in such a way that it remains in the ear lobe area (use a clip or Coban® wrap). The sensor should not be placed so tightly that it would limit blood flow (Figure 19). Occasionally, the ear lobe may not provide sufficient area for sensor placement. In that case, place the sensor in the *pinna* and use coban wrap to secure the same. Note: the sensor in this example was obtained from Gould Instruments and modified by NAWC personnel to separate the ac (pulsatile) and dc (bulk flow) signals.

IRP connection in the centrifuge

1. Label the IRP lead proceeding from the subject as IRP.
2. Label the IRP transducer located in the centrifuge gondola as IRP.
3. Insert the subject in the centrifuge.
4. Connect the IRP proceeding from the subject to the pressure transducer and secure it with tape.
6. The IRP signal via a strip chart recorder appears as shown in Figures 21-23.

## VIII. RESPIRATION MONITOR (RM)

Background

Respiration characteristics are usually monitored via strain gauges, thermistors or girth measure instrumentation. The metrics usually obtained include respiration rate, pattern, time sequence, and volume. Mood states, mental workload, and stress levels are usually evaluated in relation to respiration parameters. The following describes RM instrumentation in the NAWC centrifuge based on the study mentioned above.

Purpose

To record respiration rate (frequency per minute) via a respiratory monitor composed of an inflatable bladder.

Materials

Respiration Cuff/Band with inflatable bladder (RM)<sup>13</sup>  
 Pressure transducer<sup>14</sup>  
 Stopcock  
 Airflow control bulb  
 Biopotential dc amplifier<sup>8</sup> in the centrifuge flight deck  
 Strip chart recorder<sup>8</sup>  
 Flexible plastic tubing  
 Plastic straps  
 Labels  
 Tape

Cuff application

The RM is placed below and around the rib cage area. The bladder portion of the RM should be facing the subject. Inflation of the RM should allow the subject to breath easily (Figure 20).

RM connection in the centrifuge

1. Label the RM tubing proceeding from the subject as Outlet. and the pressure transducer located in the centrifuge gondola as Inlet.
3. Insert the subject in the centrifuge.
4. Connect the RM to the pressure transducer and secure the tubing with tape.
6. Inflate the bladder via the air bulb and maintain the air pressure in the bladder by using a stopcock. Do not over inflate the bladder. Straps around the tubing connections may be required to avoid air leakage.
5. The RM signal via a strip chart recorder appears as shown in Figures 21-23.

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17. Wierwille WW, Williges RC. Survey and analysis of operator workload assessment techniques. Patuxent River, MD: Naval Air Test Center; 1978 Technical Report No. SY-78-101.

**APPENDIX: LIST OF SOURCES**

1. SensorMedics Corporation  
1717 South State College Blvd.  
Anaheim, CA 92806
2. SignaGel™  
Parker Laboratories, Inc.  
Orange, NJ 07050
3. Omniprep™  
D. O. Weaver and Company  
425 S. Cherry  
Denver, CO 80222
4. North-Strong  
15 Ave A  
Alfa Industrial Park  
Phillipsburg, NJ 08865
5. Baxter Healthcare Corporation  
Deerfield, IL 60015
6. Triad Medical Inc.  
Franklin, WI 53132
7. Coulbourn Amplifier S575-01  
Coulbourn Instruments
8. Gould Amplifier and Recorder RS 3800  
Gould Instruments  
8333 Rockside Rd  
Valley View, OH 44125
9. Citimed Corporation  
Citronelle, AL 36522
10. 3M Corporation, Healthcare Division  
Bldg 375-5E-08, PO Box 33275  
St Paul, MN 55133
11. PhysioControl Inc  
Cardiac Monitor, Lidepack 8  
Defibrillator  
Redmond, WA 98052
12. IRP: modified by Barry Shender, PhD.  
from: Gould Instruments<sup>9</sup>, Model 369500-313519  
Code 6023, NAWC  
Warminster, PA 18974

13. Grass Instruments  
Quincy, MA 50687
14. Omega Engineering Inc  
Pressure Transducer PX240  
One Omega Drive Box 4047  
Stamford, CN 06907

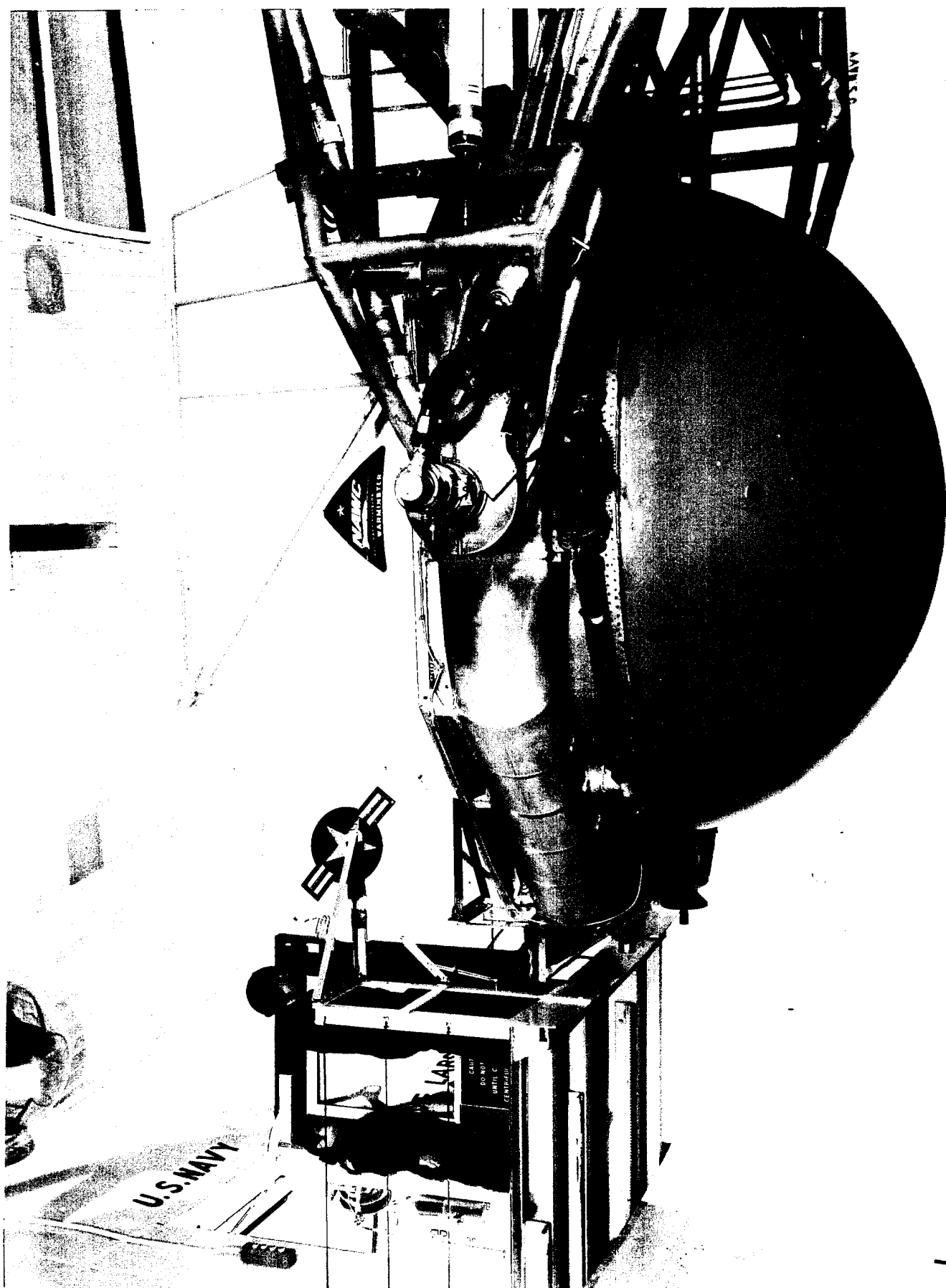


Figure 1. — The human-use centrifuge at NAWC has an arm radius of 50 ft and is capable of generating a maximum level of 40 G.



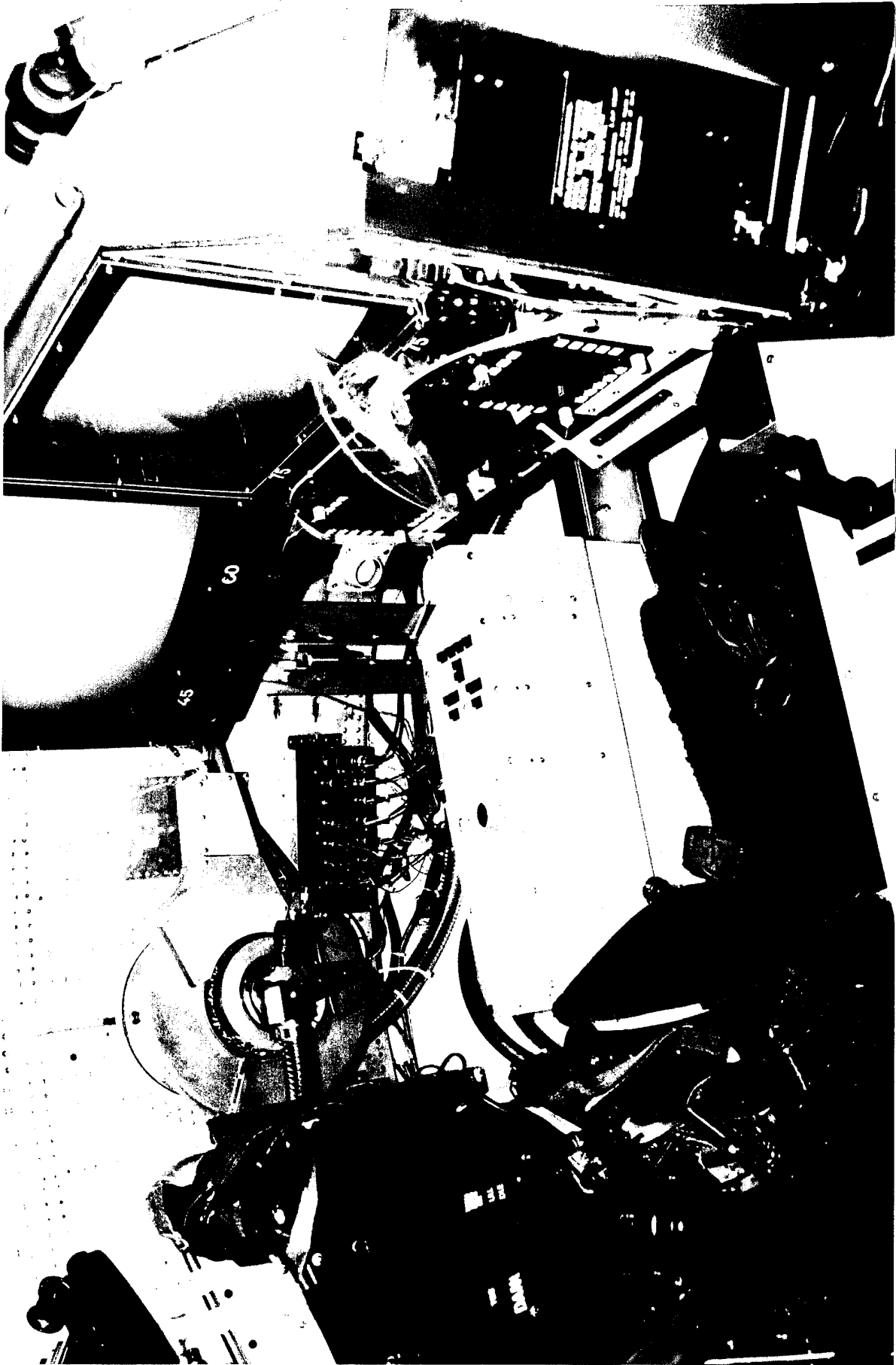


Figure 2. — The spherical diameter of the NAWC centrifuge gondola is 10 ft and capable of 2,500 lb payload. The caps are removable to allow for large payload installation and can provide for 100,000 ft of vacuum altitude.



Figure 3. — NAWC human-use centrifuge flightdeck.



Figure 4. — Preparation of the EEG electrode site with a q-tip immersed in Omniprep gel.  
Hair clips are used to maintain the site clear of obstruction.



Figure 5. — Application of collodion to the rim of the EEG electrode.



Figure 6. — Application of additional collodion around the rim of the EEG electrode once it is placed on the scalp via the perforations in the same.

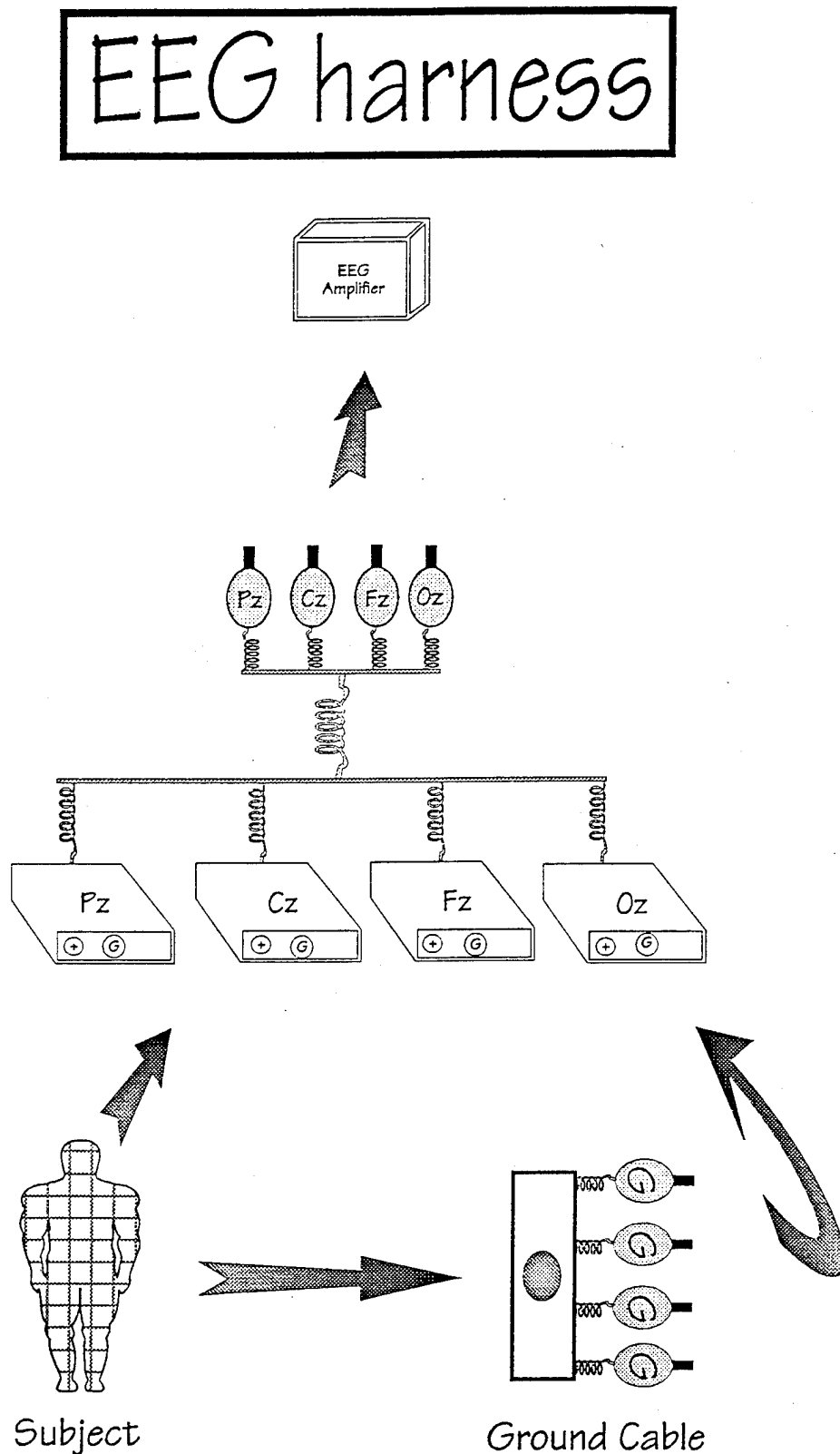


Figure 7. —Schematic representation of the EEG harness. Each EEG electrode lead proceeding from the subject (Pz, Cz, Fz, Oz) is connected to the harness in accordance to the labels (+). The Ground electrode lead proceeding from the subject is connected to the Ground Cable which in turn is connected to the EEG harness in accordance to the labels (g).

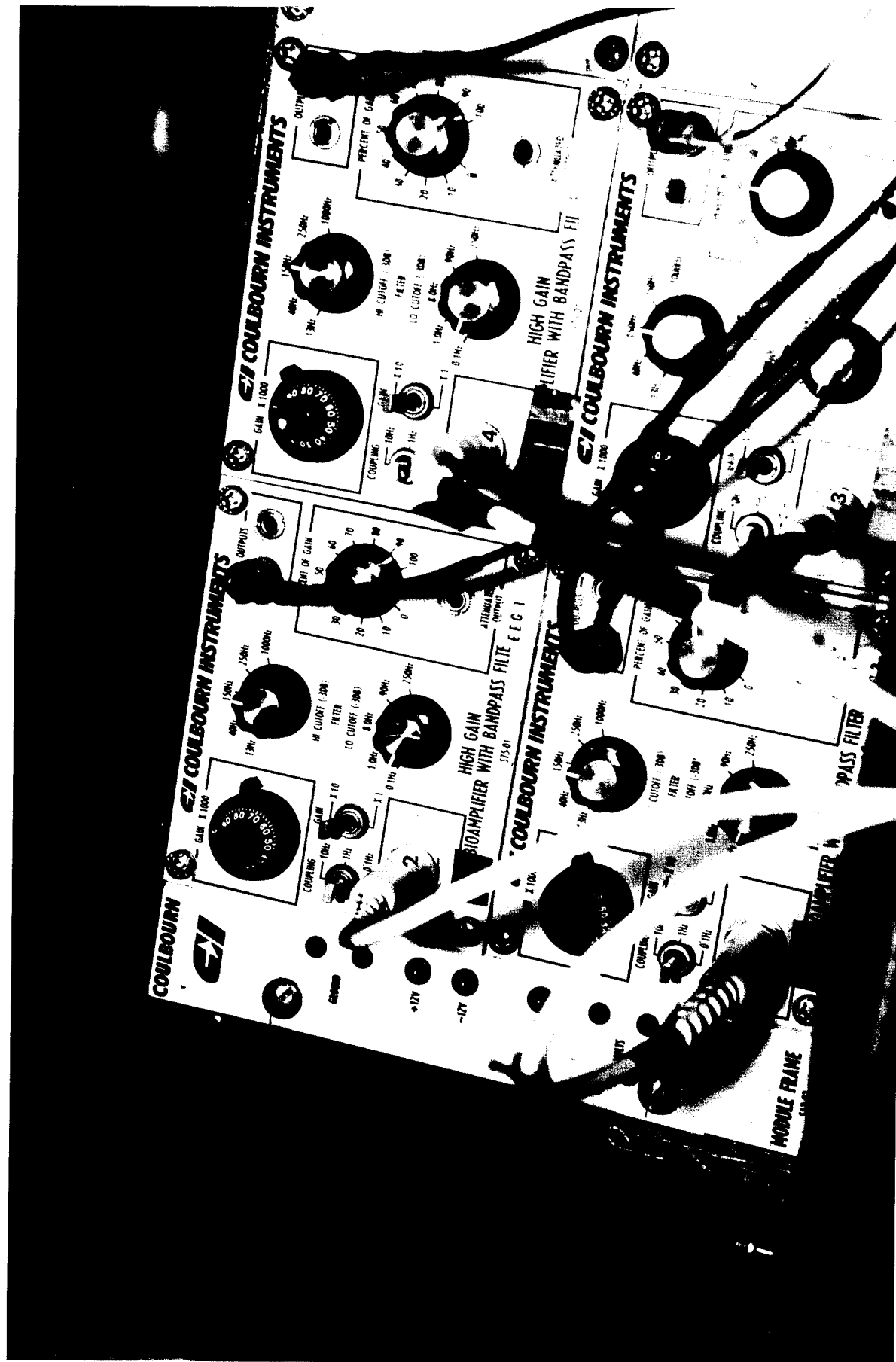


Figure 8. — EEG harness connection to the amplifier (4 white cables: 1-4).

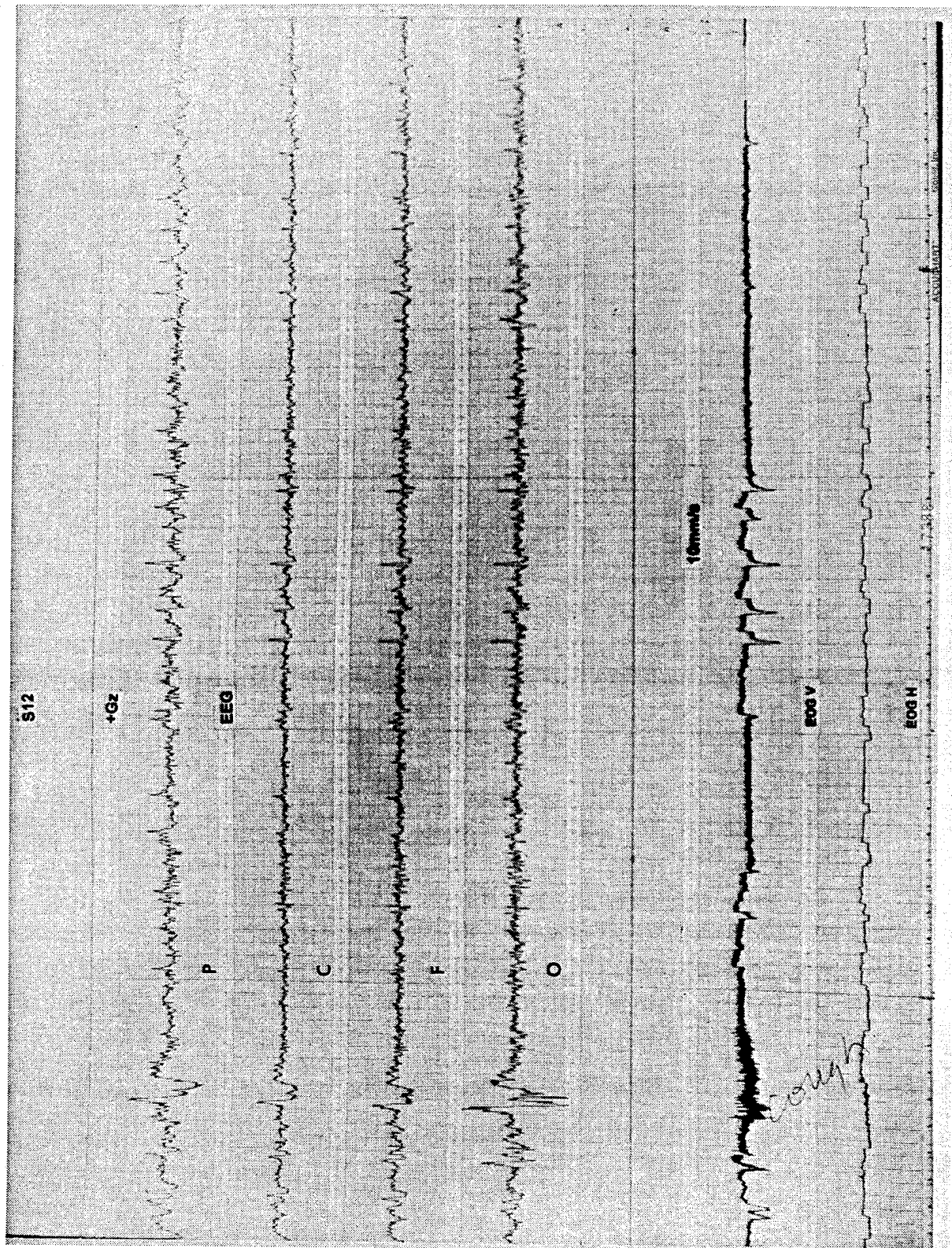


Figure 9. — +Gz, EEG, and EOG signals via a strip chart recorder (10 mm/s). Subject No. 12 at rest (1 G). The 4 EEG channels are shown in bands 2-5. The EOG channels are shown in bands 7 (vertical movement) and 8 (horizontal movement).



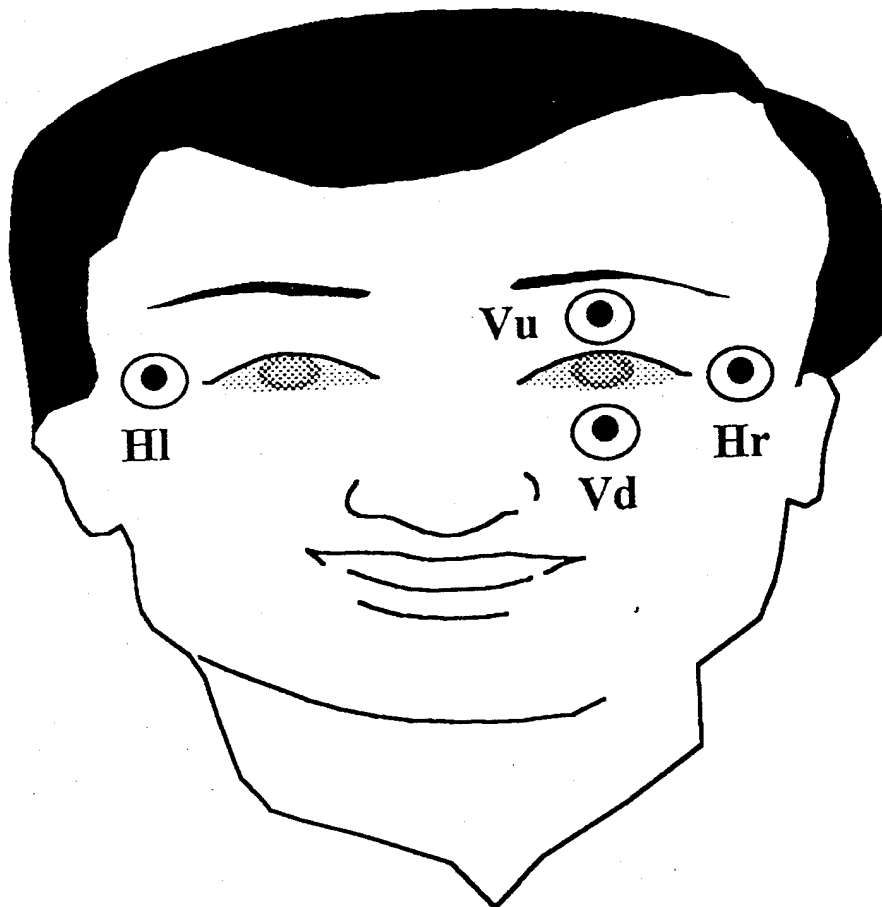


Figure 10. — EOG electrode placement: Hl to detect horizontal movement to the left; Hr to detect horizontal movement to the right; Vu to detect vertical movement upwards; and Vd to detect vertical movement downwards.

# EOG harness

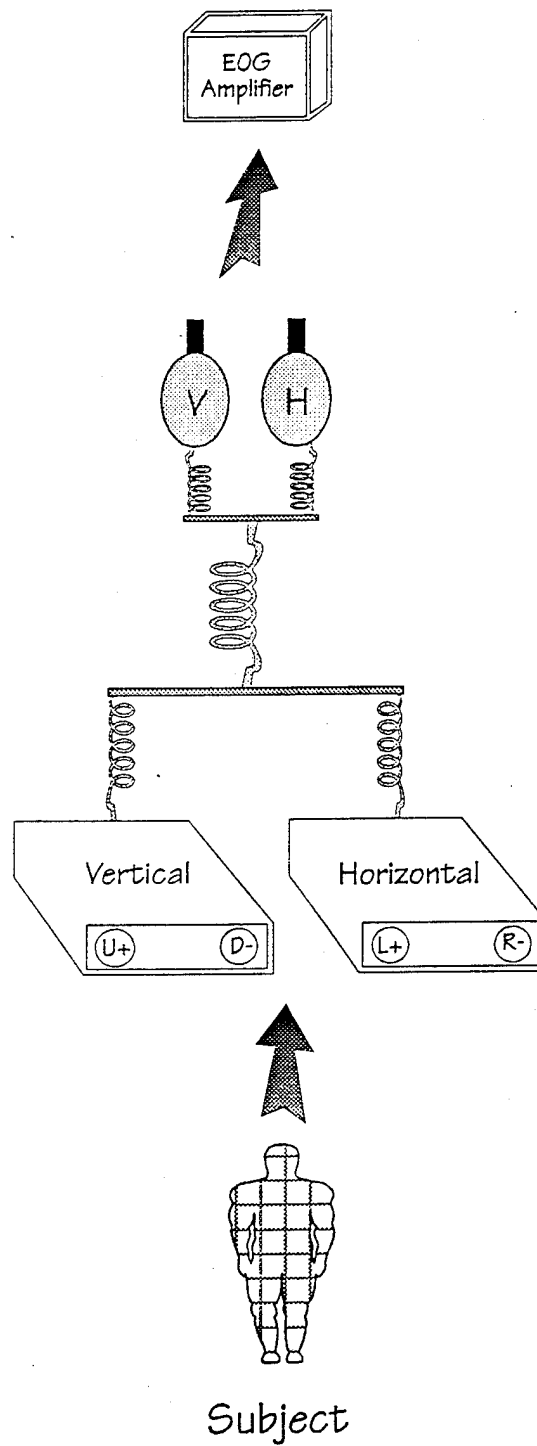


Figure 11. — Schematic representation of the EOG harness. Each EOG electrode lead proceeding from the subject (H1, Hr, Vu, Vd) is connected to the harness in accordance to the labels (+, -).



Figure 12. — EOG Harness.

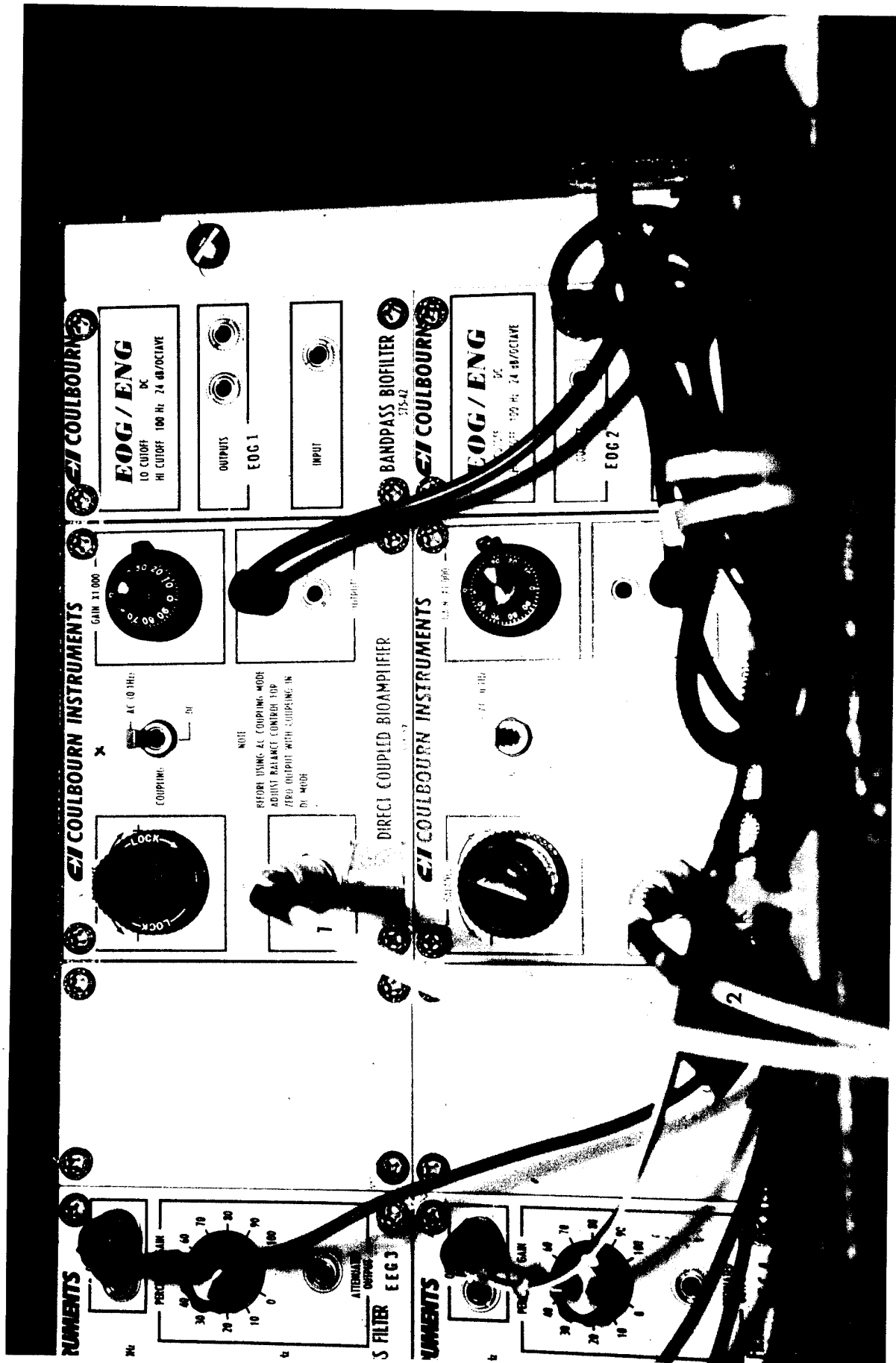


Figure 13. — EOG harness connection to the amplifier (2 white cables: 1-2).



Figure 14. — EMG electrode placement on the neck.

# EMG harness

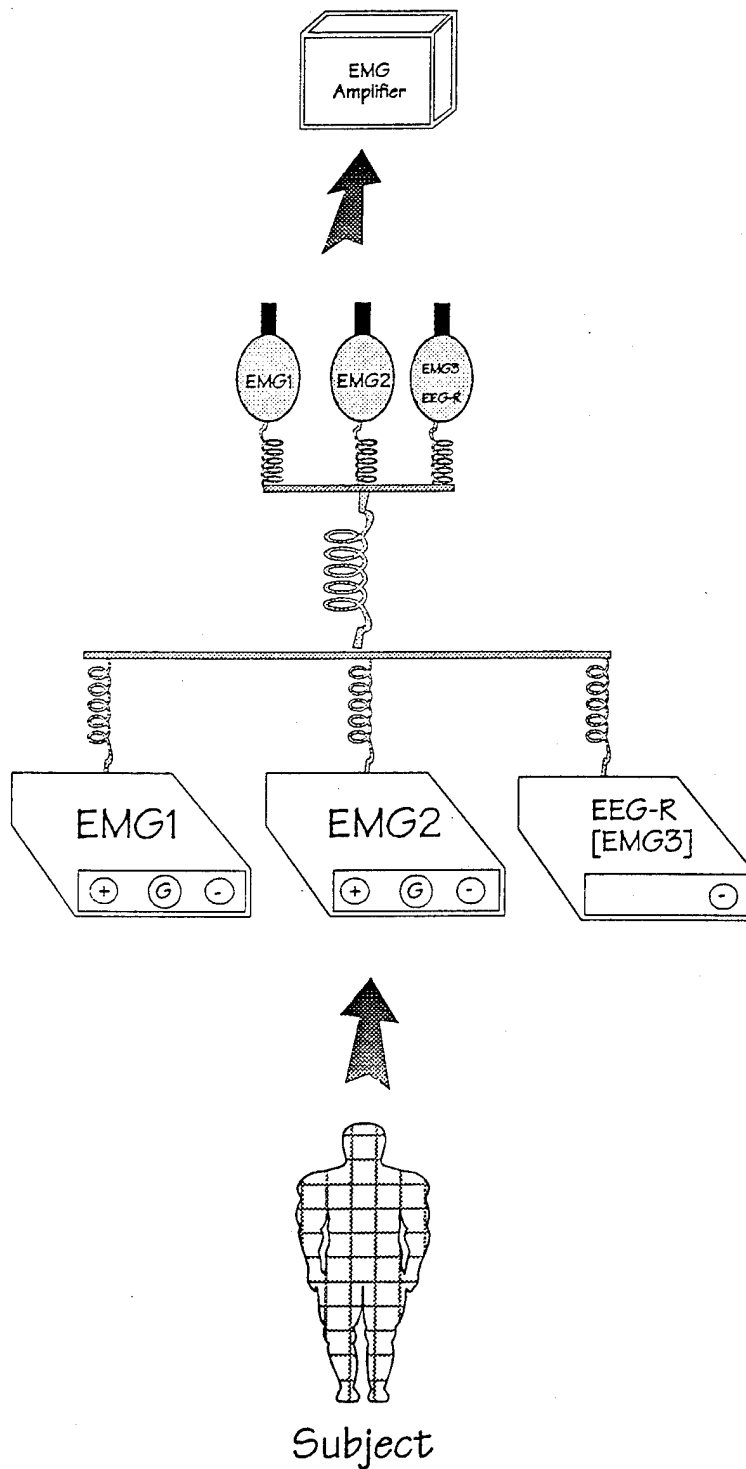


Figure 15. — Schematic representation of the EMG harness. Each EMG electrode lead proceeding from the subject (+, -, g) is connected to the harness in accordance to the labels (+, -, g). The reference EEG electrode is connected to the third cable (EEG-R).



Figure 16. — ECG electrode placement: sternal sites.

# ECG harness

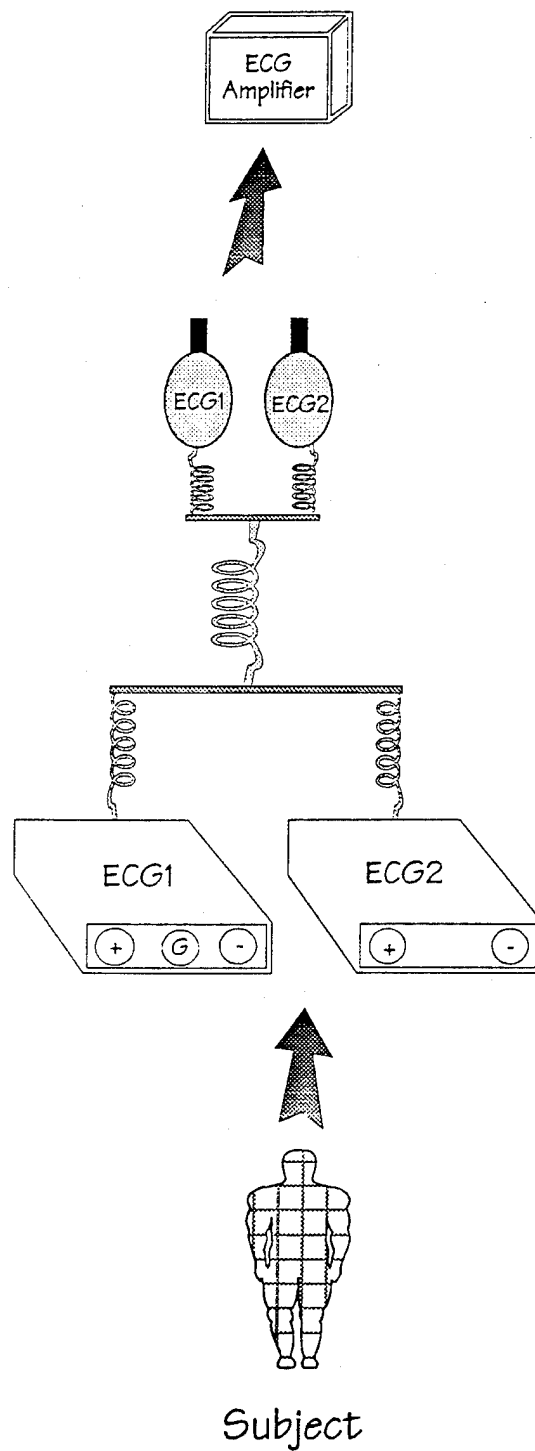


Figure 17. — Schematic representation of the ECG harness.

Each ECG electrode lead proceeding from the subject is connected to the harness in accordance to the labels (+, -, g).



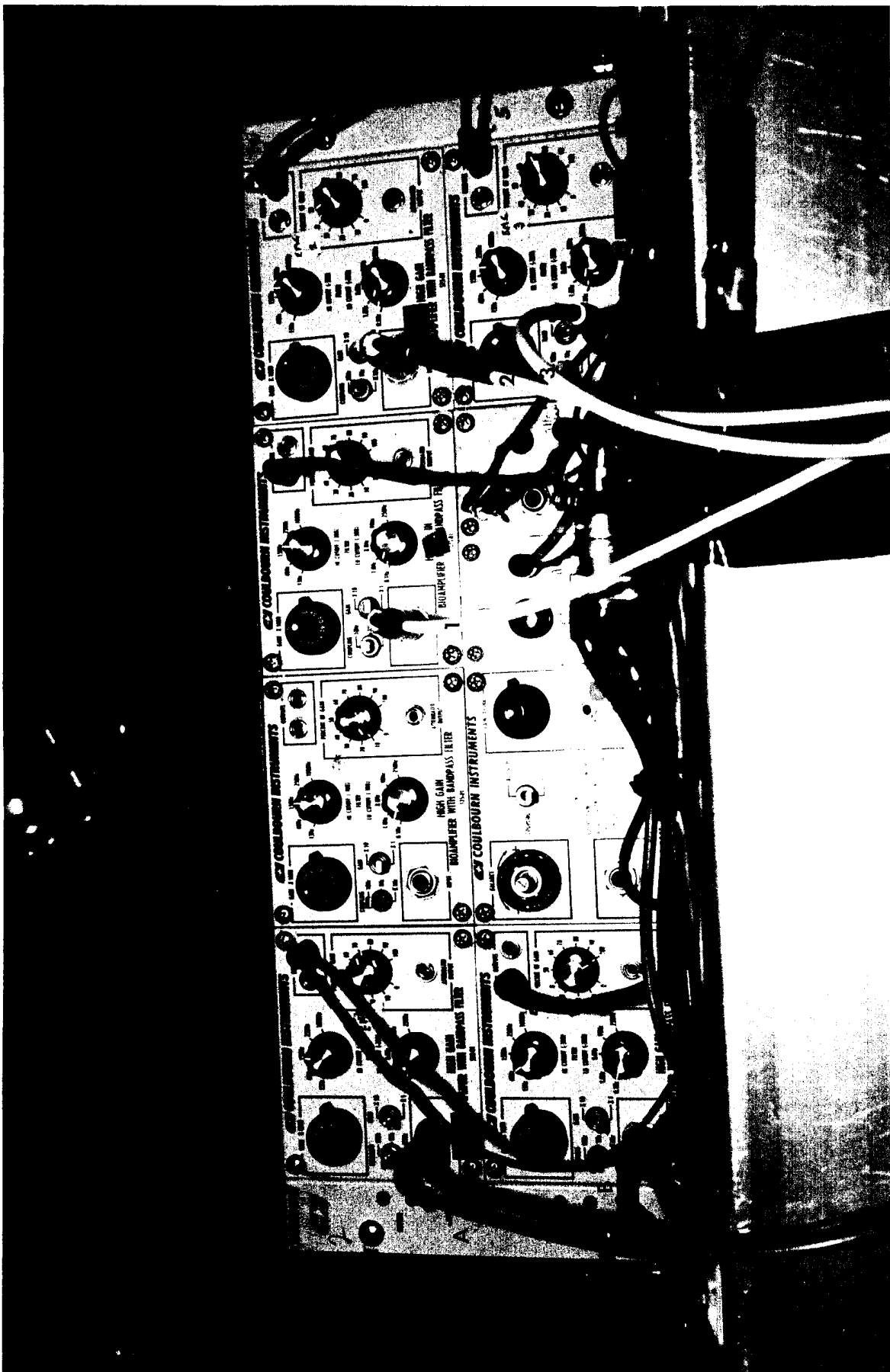


Figure 18. — EMG (3 white cables: 1-3) and ECG (2 gray cables: A-B) amplifier.



Figure 19. — IRP placement on the ear.



Figure 20. — RM placement: below the subject's chest, above the G-suit.

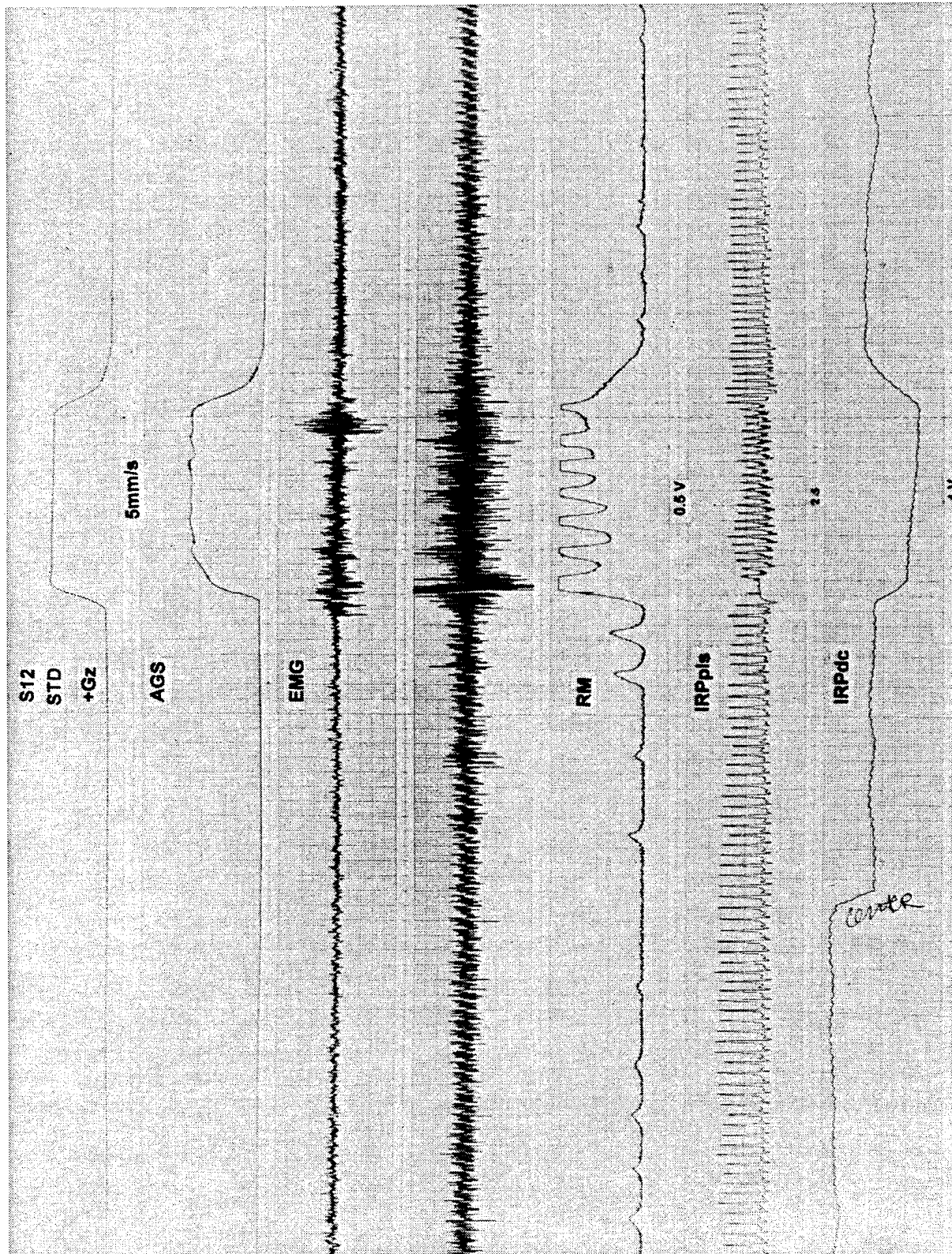


Figure 21. — Physiologic traces of the various measures proceeding from subject No. 12. Paper speed is 5 mm/s. Band 1: G profile (rapid onset rate) where rest is +1.25 Gz and maximum is +6 Gz; Band 2: anti-G suit (AGS) pressure—in this case the subject is wearing the standard (STD) anti-G suit (CSU15-P); Bands 3 and 4: electromyogram (EMG) of the neck and arm respectively; Band 5: respiration monitor (RM); Bands 6 and 7: infrared plethysmograph (IRP) pulsatile and dc signals respectively.

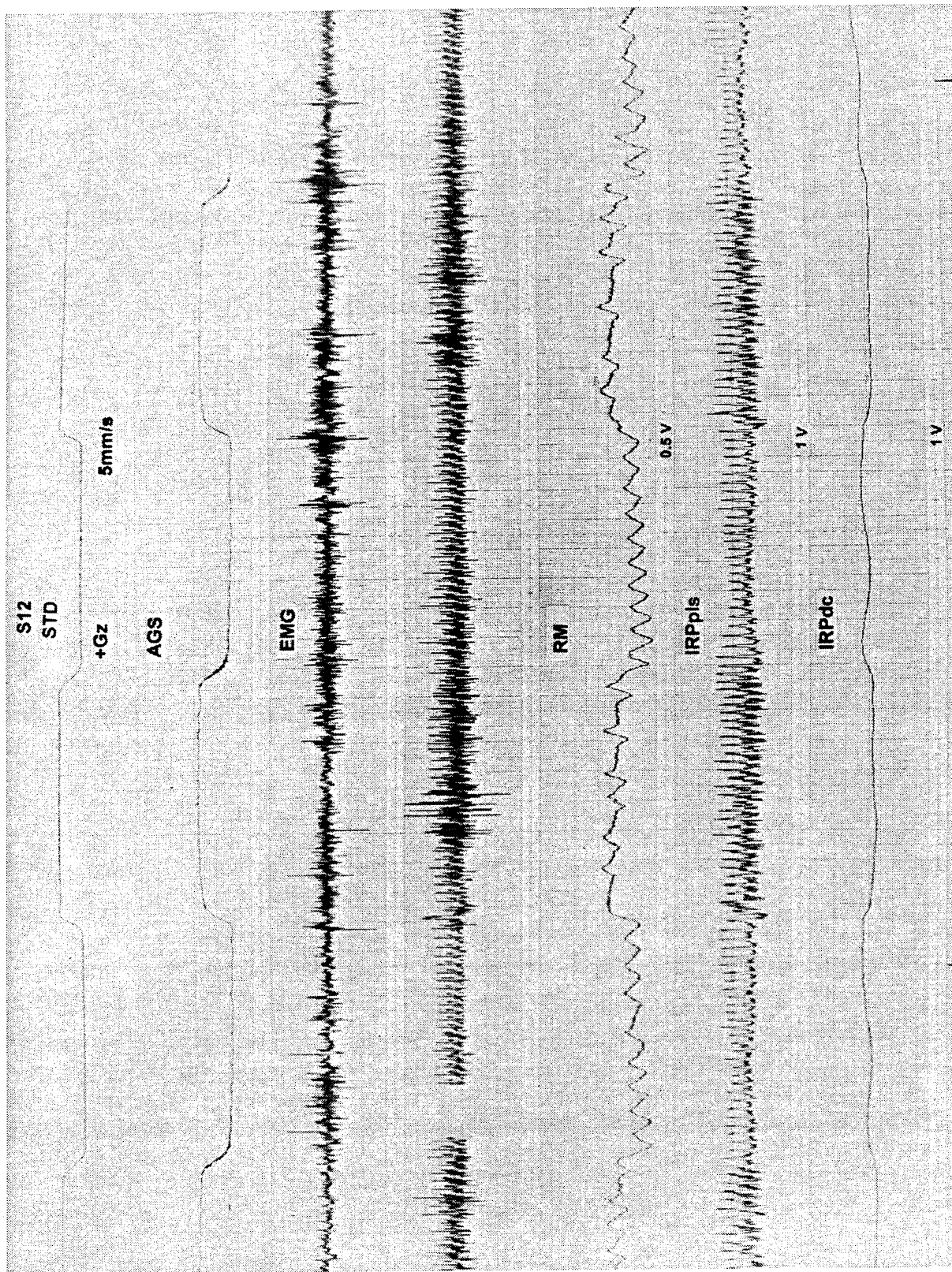


Figure 22. — Physiologic traces of the various measures proceeding from subject No. 12. Paper speed is 5 mm/s. Band 1: G profile (rapid onset rate, aerial combat maneuver) where the alternating G levels are +3 and +5 Gz; Band 2: anti-G suit (AGS) pressure—in this case the subject is wearing the standard (STD) anti-G suit (CSU15-P); Bands 3 and 4: electromyogram (EMG) of the neck and arm respectively; Band 5: respiration monitor (RM); Bands 6 and 7: infrared plethysmograph (IRP) pulsatile and dc signals respectively.



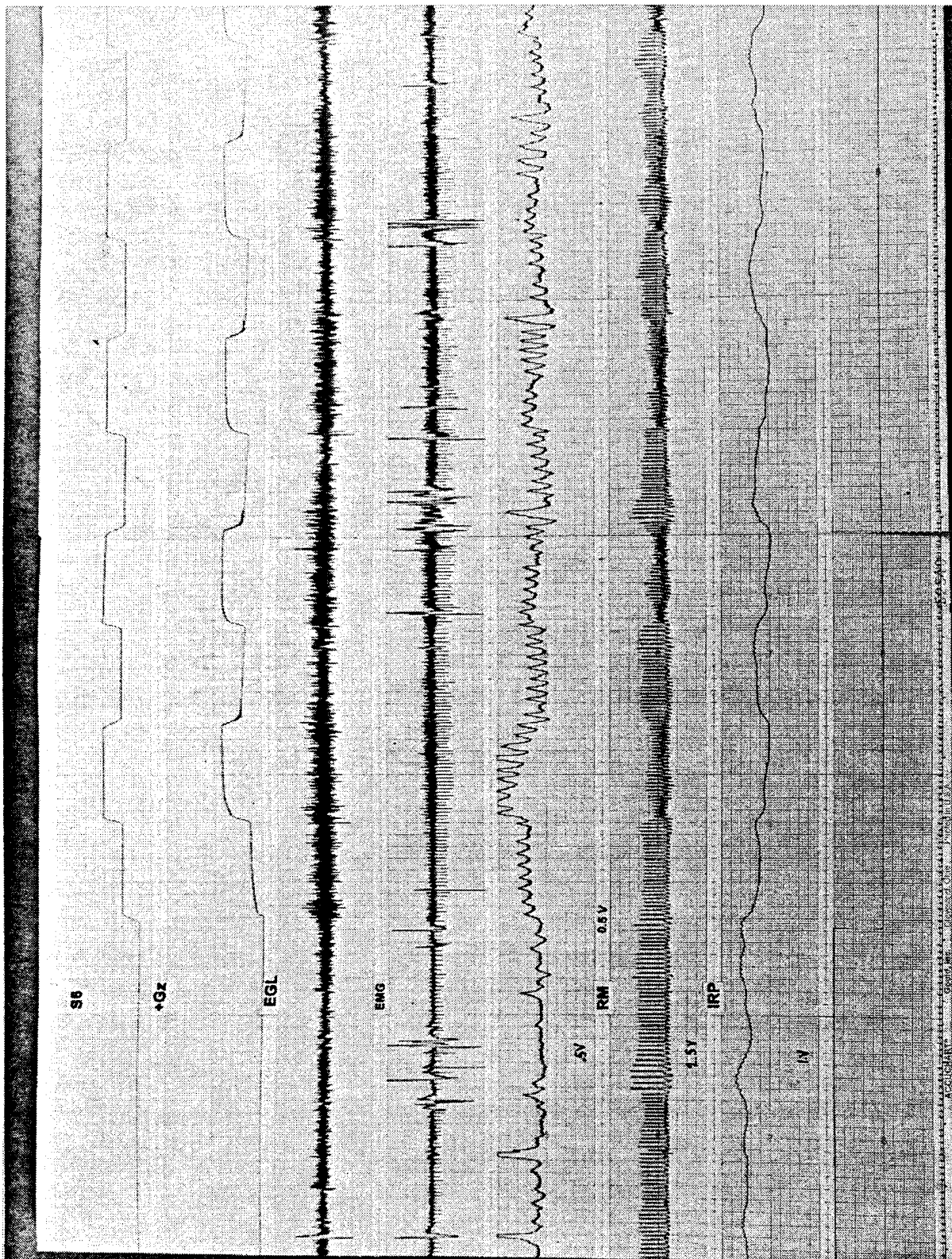


Figure 23. — Physiologic traces of the various measures proceeding from subject No. 6. Paper speed is 2.5 mm/s. Band 1: G profile (rapid onset rate, aerial combat maneuver) where the alternating G levels are +3 and +5 Gz; Band 2: anti-G suit pressure—in this case the subject is wearing the Eagle anti-G suit (EGL, a component of the NAVY's Combat Edge ensemble); Bands 3 and 4: electromyogram (EMG) of the neck and arm respectively; Band 5: respiration monitor (RM); Bands 6 and 7: infrared plethysmograph (IRP) pulsatile and dc signals respectively.



Figure 24. — The subject is prepared to be inserted in the centrifuge with:  
EEG, EMG, EOG, ECG, RM, IRP, G-suit (standard), and G harness.

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